



Dear Parents and Caregivers,

Does your child get enough 'Tractor Time'?

No, I don't mean that you need to go out and purchase a tractor for each child. In most cases that would be impractical. Believe it or not, 'tractor time' or slashing the paddocks is quite relaxing for me. During that time, I can forget about all the stresses of life and just think about the mowing ahead.

It can also be a great time for reflection of practises and a time to come up with ideas.

I do understand that not everyone will feel the same way about slashing a paddock.

However, my statement still stands.

One of the most important things in this life is for your child to have time away from any stimulation.

Time when they can just be themselves and concentrate on their own feelings, thoughts and ideas.

Our children can be overstimulated in life. Between friends, messaging, chatting, social media, and the inability to 'Switch off' themselves, it can become too much.

The ability for you to switch them off, is something they will thank you for...  
(They may not thank you straight away, consider it a long-term investment)

However, our children are in desperate need to disconnect from devices, and sometimes other people, and enjoy a bit of 'tractor time'.

Have a chat to your child and see what gives them the most relaxation away from screens and social media. Invest that time into them and see the rewards come back.

I hope you all have a blessed week!

God bless,

Brayden Morton

## NWCS CALENDAR 2021:

### NOVEMBER

5<sup>th</sup>: Athletics Carnival

5<sup>th</sup>: Last day of classes for  
Year 11 & 12

8<sup>th</sup>: Walkathon

18<sup>th</sup>: Years 11 & 12 Exams

19<sup>th</sup>: Years 7-10 Exams

22-26<sup>th</sup>: Yrs 9-12 West Coast Tour

30<sup>th</sup>: Yr 12 Leavers Dinner

### DECEMBER

13<sup>th</sup>: Presentation Night

14<sup>th</sup>: Last Day of Term 4



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# BIBLE CRUMBS

## The Sun Still Shines

*"They looked...and behold, the glory of the Lord appeared in the cloud."  
-Exodus 16:10*

Everyone loves a sunny day, but we need cloudy days too. Without clouds, there would be no rain to help plants grow and without the rain, there would be no water. But after the rain, there is a beautiful rainbow and a bright sunny sky.

Sometimes we feel sad on cloudy days. But above the clouds the sky is blue and the sun is shining!

Problems can be like clouds. When trouble comes, we get worried. We forget that just as the sun is still shining above the clouds, God is still with us when we face problems. He can turn our problems into blessings! When God led His people out of Egypt and through the wilderness, He led them by a cloud!

Sometimes our problems are small like white, fluffy clouds. Sometimes they are big and scary like big thunderstorm clouds. When you are worried or afraid, ask Jesus to help you. Whether it is a happy, sunny day or a cloudy, scary day, God is right there with you, holding your hand and keeping you safe with Him.

*Devotion found from scribd.com*

### AWARDS

**Congratulations to the following students who received awards for showing respect:**

*Dason Caperida  
Eomer Cayao  
Hannah Beaty*

*Meila Morton  
Annabelle Orr  
Starly Ackland*

## Community Notices

### Soccer

Is your child/ren interested in joining a soccer club? The Ulverstone Soccer Club competitions are about to begin! There are games for Under 10s (grades 3&4) and Under 12s (grades 5&6). Games are 30 minutes long and have a start time of 5pm. The season kicks off on Sunday November 28<sup>th</sup> and end on February 20<sup>th</sup>. If you are interested in finding our more information feel free to contact Kurt on [kurt.adams@hotmail.com](mailto:kurt.adams@hotmail.com) or you can like their Facebook page "USC Junior 6-a-side Competition"

### Horse Riding

Recently a Williams Run Riding School in Moorleah (5 minutes from Wynyard) has opened. Services (with their horses or yours) include:

- Group or individual horse riding lessons
- Horsemastership lessons
- Equine familiarisation lessons
- Holiday camps
- Dressage days
- Jumping days

Open to all levels and ages.

If you would like to find out more information, please contact Virginia Turner on 0408 370 198 or email her at [Virginiaturner294@gmail.com](mailto:Virginiaturner294@gmail.com).

# GENERAL

## New Sign-in Sign-out System

The school now has an electronic sign-in/out system. Upon arrival, you will see our new iPad on the reception desk. We kindly ask that all visitors and parents make use of this and the staff are on hand to walk you through this process. If your child is arriving late or leaving early they will need to be signed in/out as well. Please note that this does **not** replace the Covid Tas check in app.

## Walkathon

Due to bad weather, our Walkathon that was initially planned for Friday the 29<sup>th</sup> of October was postponed. This will now take place on **Monday November the 8<sup>th</sup>**. It will still be held in Wynyard. Students will leave school at 9:15 and return by 2:30pm.

Depending on age groups, students will walk a variety of walking tracks along the Inglis River. Sponsorship forms were sent home in the last week of Term 3. We encourage each child to raise \$20. That could involve students asking 10 family and friends for a \$2.00 donation. **The child who raises the most in each class will receive a prize.** All money raised goes towards covering the sponsorship of our two overseas students (Laniporn and Surya) and the postage of the Operation Christmas Child shoeboxes. Thank you for supporting this worthy Service Project.



## West Coast Senior Tour

On the 22<sup>nd</sup> – the 26<sup>th</sup> of November the senior west coast tour will be taking place. They will be utilising the Outdoor Education bus for this trip which means that the normal Penguin bus will not be running. During this week we kindly ask that those who normally take the Penguin bus make alternative travel arrangements for your child/ren.

## No Playgroup

Due to having to move the Walkathon to Monday the 8<sup>th</sup> of November there will be no playgroup on this day.

## Summer Uniform

As Tasmania is finally starting to warm up and hit double digits, we ask that all students are now wear their summer uniform to school. Information on school uniform can be found our website. Students also need to be bringing their hats to school. No hats no play.

## COVID Safe

Staying healthy during these challenging times and staying on top of the effects of COVID-19 is a challenge. Here are some things we can do to help others and ourselves to stay safe.

They include:

- maintaining good personal hygiene, as well as cough and sneeze etiquette
- additional cleaning (especially of frequently touched surfaces)
- respecting physical distancing
- staying home if you are unwell
- supporting those who are more at risk of severe illness if they contract COVID-19
- looking after the psychological wellbeing of those in school community

Adults (including parents/carers) must still maintain physical distance from each other (1.5 metres). This does not apply to children.

Your child/ren should not be sent to school if they feel unwell with cold or flu-like symptoms including:

- fever
- runny nose
- cough, sore/itchy throat or
- shortness of breath

If your child/ren are showing any of these symptoms they should stay home and you should phone your GP or the Public Health Hotline on **1800 671 738** for a referral to be tested for COVID-19.

Hay fever is common in Tasmania especially during spring and summer. It can be caused by allergies to pollen from some flowering plants. Hay fever symptoms can include:

- runny, itchy or blocked nose
- sneezing
- itchy, sore and watery eyes
- a cough.

These are also symptoms of a cold, flu and COVID-19, so it is hard to tell them apart without testing. If you are unsure you can:

- consult a doctor to discuss symptoms and receive advice/treatment to manage them
- ask for a certificate or letter from the doctor stating that your child currently has hay fever and can attend school.

If a child's symptoms worsen throughout the hay fever season or new symptoms develop, they should see their GP who may ask them to get tested for COVID-19 again. Your child/ren should only return to school once their cold/flu like symptoms have passed.



# ATHLETICS CARNIVAL

NEW DATE: FRIDAY NOVEMBER 5<sup>th</sup>

Penguin Athletics Field

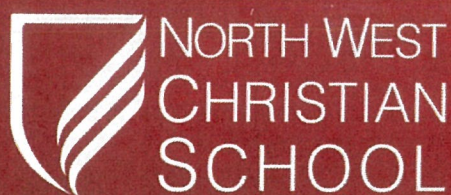
Starting at 9:15am

Parents & Friends Welcome

What to Bring:

Food  
Water

Hat  
Sunscreen



# 10 11

## Nova Muse News

It is so good to see so many of our students involved with Nova Muse. We are very proud of them!



## Nova Muse FESTIVAL



### CELEBRATION CONCERT

Monday 15<sup>th</sup> November  
5pm – 6.15pm  
Penguin Uniting Church

Works by Mozart, Vivaldi, Piazzolla &  
more...

Featuring Guest Conductor  
*Dr Susan Collins*

Nova Muse Festival Participants  
NWCS Ensemble and Strings  
NWCS Choir

